



PEMBI'S PICKS

A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke

With Step 3 in gear, events and activities all around Pembroke are happening. A reminder that wearing masks and physical distancing measures are still in place. For more info and updates please check the [RCDHU website](#) and the [City of Pembroke website](#). Take a look at what Pemi's looking forward to in the heart of the Ottawa Valley.

1. Watch our local Olympians live!

Track and field week has arrived in Tokyo and it's no secret who we're cheering for in Pembroke! **Pembroke's own Maddy Kelly and Eganville's Melissa Bishop-Nriagu are both racing in the women's 800m, which gets underway with preliminary heats tomorrow night at 9:25 p.m. ET. You can catch all the action on [CBC](#).** From there, if they qualify, the semifinal can be seen on Saturday morning at 7:50 a.m. ET and the final next Tuesday at 8:25 a.m. ET. Join us in showing your support for our local stars as they shine on the biggest stage in sports!

2. Go for a drive and see some music live!

The City of Pembroke is happy to announce a FREE drive-in concert on August 7th from 1:00 to 4:00 p.m. at Riverside Park. The Ottawa Valley's own [River Town Saints](#) will be performing along with [Lemon Cash](#) as the opener. Fireworks will be lit after the show! Keep an eye on the City of Pembroke [social media](#) and [website](#), as well as our media sponsors [Pembroke's Pure Country](#), [104.9 myFM](#) and [Country 92.3](#) for more details and fun contests! **Tickets, more details, and a schedule of the day's festivities will be available closer to the concert date. [Stay tuned!](#)**

3. Give us your insight

We are currently in the process of rebuilding our website and need your feedback to help us organize the website's information for ease of use. **Please answer this [short five to](#)**

[ten-minute survey](#) as this will greatly enhance the user experience of the site for the future. We look forward to launching our new municipal site in 2022.

4. Champlain Trail Museum and Pioneer Village is now open

Enjoy many artifacts and learn about the history of our area by taking a tour of the **Champlain Trail Museum and Pioneer Village**. Tours are running **Monday to Saturday from 10:00 a.m. to 4:00 p.m.** Saturdays include a special blacksmithing workshop and demonstration. For more info, visit the [Champlain Trail Museum website](#).

5. Shop local, eat local, live local

The evening shopping event is back! Thursday, August 12, from 4:00 to 7:00 p.m. the Pembroke Business Improvement Area (PBIA) will be hosting the [Downtown Summer Shop Hop](#). Grab a new Downtown Pembroke bag before heading out to the shops and enjoy giveaways, entertainment and more. Some businesses will be open later as well, have some special Shop Hop day deals! **Come Downtown on August 12 and continue to shop at local stores, restaurants, businesses, and to support the community.**

6. Think you're smarter than a fifth-grader?

The City will be hosting a virtual trivia fundraiser on Friday, July 30th starting at 7:00 p.m.! The category for this trivia is the hit television game show "Are You Smarter Than a 5th Grader?" and it is friendly for all ages. 50% of proceeds will go to a local charity and 50% of proceeds will go to the winning team. Teams of up to six can play (even in different households) for \$30. Participants will receive a code and link to live stream the trivia the morning of the event. **This trivia will be VIRTUAL; however, we are working to make our August trivia nights in-person!** We are also once again partnering with Little Things Canning Company to sell Snack Attack grazing boxes for our trivia. The boxes are \$12.95 (+HST) each and contain both salty and sweet treats! If you are interested, please order your boxes by Wednesday, July 28th at 4:00 p.m.! **To register your team, or order some Snack Attack grazing boxes, please call the Recreation Department at 613-735-6821 ext. 1512 or email tfaris@pembroke.ca.**

7. Waiting to see a free movie? Visit the Riverwalk Amphitheatre

More nightly entertainment can be enjoyed this week at the Waterfront (weather permitting) Waterfront Live! starts at 7:00 p.m. and our Movie Night in the Park starts at 9:00 p.m.

This week featured at the Riverwalk Amphitheatre:

Thursday, July 29: Damon Betz

Friday, July 30: Kik & Jam

Saturday, July 31: Ron Watson

Sunday, August 1: ALYN

Monday, August 2: Bernadette Kelly

Tuesday, August 3: MOVIE NIGHT IN THE PARK Solo: A Star Wars Story

Wednesday, August 4: Honky Tonk Drifters

Tickets for Waterfront Live are required and are available now. Grab your tickets online at <https://www.eventbrite.ca/o/waterfront-live-30803789634>

8. Feel centred during the middle of the week

Every Wednesday from 6:00 to 7:00 p.m. enjoy centring yourself in the Ottawa River breeze. Yoga will take place in Centenary Park (Waterfront). **White Pine Yoga will be running these FREE classes all summer long. Registration is required! Spaces can be booked here: <https://www.whitepineyoga.com/schedule/>. Those registered are asked to sign in at the tent facing the waterfront before they set their mats down.**

Lawn markers will be provided to ensure that everyone is three metres apart. Masks are encouraged to be worn for those attending the event but can be removed once they have placed their mat. For questions please call the Recreation Department at 613-735-6821 ext. 1501.

9. Get on the move - Up and Down, All-Around

On August 10 at 2:00 p.m. Science in Schools is bringing us a virtual workshop about how all things move! Discover the science behind a magic trick, defy gravity by creating a balancing bird, and engineer an elastic racer to chase down Newton's Laws. We'll be on the move! This virtual workshop is **suitable for children ages 4-12 and is free of charge.** Those registered will be able to pick up a bag of supplies before the workshop to follow along at home. **To register contact the Recreation Department at 613-735-6821 ext. 1501 or email recreation@pembroke.ca.** Spaces are limited so register now!

10. Have a paddle with your best furry friend

Have you registered for our Doggy Paddle yet? This brand new event is happening on Saturday, August 21 and is all in support of the Ontario SPCA Renfrew County Animal Centre. Choose from a 5km or 10km guided paddle, enjoy a catered lunch, and hopefully win some awesome prizes in the raffle! Bring along a furry four-legged friend, or a two-legged one, and get on the water for this great cause. **Registration is required, as spaces are limited. Registration and more information can be found [on our website.](#)**

Have information you'd like to see shared in Pembi's Picks? Send it to us by emailing tourism@pembroke.ca.