



A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke

With Step 3 in gear, events and activities all around Pembroke are happening. Take a look at what Pembi will be doing in the coming week!

1. Get your vaccinations booked

Renfrew County and District Health Unit (RCDHU) and partners are encouraging residents across Renfrew County and District (RCD) to **take advantage of COVID-19 vaccine appointments as soon as possible, as mass immunization clinics will be decreasing in number and frequency over the next month.** While residents will still be able to access COVID-19 vaccines at pharmacies and occasional walk-in and/or pop-up clinics, it is anticipated that all of RCD's mass vaccination clinics will be closed by mid to late August. **Residents are being asked to book online at [Renfrew County - COVID Vaccination Clinic Portal](#)**, as this is the fastest way. Please book only one appointment per person. **To find a pharmacy offering COVID-19 vaccinations near you visit [COVID-19 pharmacy vaccine locations](#).** ONLY if a person is unable to register online, they can call RCDHU at 613-732-3629 or 1-800-267-1097, ext. 201. Residents are asked to leave one message with their name and phone number, and someone will return their call as soon as possible. To view walk-in and/or pop-up clinics dates and times visit the COVID-19 Walk-In Clinics Schedule and the COVID-19 Pop-Up Clinic Schedule. For more information, visit [RCDHU's website](#) or the [City's Website](#).

2. Help make our new website the best for you!

We are currently in the process of rebuilding our website and need your feedback to help us understand the categorization, subheadings and ease of use of

the website's layout. **Please answer this:**

<https://wlyi65ir.optimalworkshop.com/treejack/pembroke> **short five to ten-minute survey as this will greatly enhance the user experience** of the site for the future.

3. Lunch Time Fun Downtown

Every Thursday and Friday in Downtown Pembroke the [Pembroke Business Improvement Area - PBIA](#) will be setting up [GIANT YARD GAMES](#) in Shamrock Park, 11:30 a.m. - 1:30 p.m., stop in during the lunch hour and have some fun before getting back to some work or enjoying many of the shops and restaurants downtown.

4. Are you smarter than a fifth grader? Test your knowledge at our next trivia night

The City will be hosting a virtual trivia fundraiser on Friday, July 30th starting at 7:00 p.m.! The category for this trivia is the hit television game show "Are You Smarter Than a 5th Grader?" and it is friendly for all ages. 50% of proceeds will go to a local charity and 50% of proceeds will go to the winning team. Teams of up to six can play (even in different households) for \$30. Participants will receive a code and link to live stream the trivia the morning of the event. **This trivia will be VIRTUAL; however, we are working to make our August trivia nights in-person!** We are also once again partnering with Little Things Canning Company to sell Snack Attack grazing boxes for our trivia. The boxes are \$12.95 (+HST) each and contain both salty and sweet treats! If you are interested, please order your boxes by Wednesday, July 28th @ 4:00 p.m.! **To register your team, or order some Snack Attack grazing boxes, please call the Recreation Department at 613-735-6821 ext. 1512 or email tfaris@pembroke.ca.**

5. Drive-In to Riverside Park for an amazing concert

The City of Pembroke is happy to announce a FREE drive-in concert on August 7th from 1:00 - 4:00 p.m. at Riverside Park. The Ottawa Valley's own [River Town Saints](#) will be performing along with [Lemon Cash](#) as the opener. Keep an eye on the City of Pembroke [social media](#) and [website](#), as well as our media sponsors [Pembroke's Pure Country](#), [104.9 myFM](#) and [Country 92.3](#) for more details and fun contests! **Tickets, more details, and a schedule of the day's festivities will be available closer to the concert date. Stay tuned!**

6. Ready for the kids to get active and learn?

On August 10 at 2:00 p.m. Science in Schools is bringing us a virtual workshop about how all things move! Discover the science behind a magic trick, defy gravity by creating a balancing bird, and engineer an elastic racer to chase down Newton's Laws. We'll be on the move! This virtual workshop is **suitable for children ages 4-12 and is free of charge.** Those registered will be able to pick up a bag of supplies before the workshop to follow along at home. **To register contact the Recreation Department at 613-735-6821 ext. 1501 or email recreation@pembroke.ca.** Spaces are limited so register now!

7. Treat yourself to a shopping spree

The evening shopping event is back! Thursday, August 12, from 4:00 - 7:00 p.m. the Pembroke Business Improvement Area (PBIA) will be hosting the [Downtown Summer Shop Hop](#). Grab a new Downtown Pembroke bag before heading out to the shops and enjoy the giveaways, entertainment and more. Some businesses will be open later as well have some special Shop Hop day deals! **Come Downtown on August 12 and remember to shop local.**

8. Canine canoe? Puppy SUP? Enjoy a paddle with your best friend!

Have you registered for our Doggy Paddle yet? This brand new event is happening on Saturday, August 21 and is all in support of the Ontario SPCA Renfrew County Animal Centre. Choose from a 5km or 10km guided paddle, enjoy a catered lunch, and hopefully win some awesome prizes in the raffle! Bring along a furry four-legged friend, or a two-legged one, and get on the water for this great cause. **Registration is required, as spaces are limited. Registration and more information can be found [on our website](#).**

9. Entertainment at Waterfront Park, every single night!

More nightly entertainment can be enjoyed this week at the Waterfront (weather permitting) Waterfront Live! starts at 7:00 p.m. and our Movie Night in the Park starts at 9:00 p.m.

This week featured at the Riverwalk Amphitheatre:

Thursday, July 22: NKWM, 90s Pop/Rock & Indie

Friday, July 23: Bernadette Kelly, Acoustic

Saturday, July 24: Mine Road, Gospel Night

Sunday, July 25: Spencer Scharf, Folk, Blues, & Country

Monday, July 26: Country Classics

Tuesday, July 27: Movie Night in the Park - Disney-Pixar's *COCO*

Wednesday, July 28: Amanda Dupuis, Acoustic

Tickets for Waterfront Live are required and available from now to July 31. Grab your tickets online at <https://www.eventbrite.ca/o/waterfront-live-30803789634>

9. COVID-19 Regulations Reminder

As of Friday, July 16 Ontario has entered step 3 of the [Roadmap to Reopening](#). These regulations include but is not limited to:

- Indoor dining permitted with no limits on the number of patrons per table with physical distancing and other restrictions still in effect;
- Indoor sports and recreational fitness facilities to open subject to a maximum 50 percent capacity of the indoor space. The capacity for indoor spectators is 50 percent of the usual seating capacity or 1,000 people, whichever is less. Capacity for outdoor spectators is 75 percent of the usual seating capacity or 15,000 people, whichever is less;
- Essential and non-essential retail with capacity limited to the number of people that can maintain a physical distance of two metres;
- Personal care services, including services requiring the removal of a face covering, with capacity limited to the number of people that can maintain a physical distance of two metres;
- Indoor food or drink establishments where dance facilities are provided, including nightclubs and restobars, permitted up to 25 percent capacity or up to a maximum limit of 250 people (whichever is less).
- More detailed information can be found at [ontario.ca](https://www.ontario.ca)

A reminder that wearing masks and physical distancing measures are still in place. For more info and updates please check the [RCDHU website](#) and the [City of Pembroke website](#).

Have information you'd like to see shared in Pembro's Picks? Send it to us by emailing tourism@pembroke.ca.