



PEMBI'S PICKS

A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke

All August events and activities all around Pembroke are happening. A reminder that wearing masks and physical distancing measures are still in place in Step 3 on the [Roadmap to Reopen](#). For more info and updates please check the [RCDHU website](#) and the [City of Pembroke website](#). Look at what Pembi is looking forward to in the heart of the Ottawa Valley!

1. Feeling the summer country spirit?

Enjoy a free drive-in concert on August 7 from 1:00 to 4:00 p.m. at Riverside Park. Featuring the Ottawa Valley's own [River Town Saints](#), and [Lemon Cash](#). You can get your free tickets [here on Eventbrite](#). Thank you as well to our media sponsors [Pembroke's Pure Country](#), [104.9 MyFM](#) and [Country 92.3](#).

2. Lighting up the Riverside sky

Fireworks at Riverside Park will take place at approximately 9:30 p.m. August 7. No tickets are required to attend the fireworks and can be enjoyed from many different locations within Riverside Park and the Pembroke Waterfront. However, those attending must keep 2m of social distance from other households attending the event.

3. Hop your way Downtown for deals!

Thursday, August 12, from 4:00 to 7:00 p.m. shop hop is back! The Pembroke Business Improvement Area (PBIA) will be hosting the [Downtown Summer Shop Hop](#). Grab a Downtown Pembroke bag from the PBIA before heading out to the shops and enjoy giveaways, entertainment and more. **Church Street will be closed for vendors, games and a street party.** Some downtown businesses will be open later and have some special Shop Hop

day deals! **Come Downtown on August 12 and continue to shop at local stores, restaurants, businesses, and to support the community.**

4. Would you like to be under the trivia Twilight?

Hey Twihearts, **it's time to dust off your DVDs or long into Netflix and binge The Twilight Saga because we will be hosting our Twilight-themed trivia fundraiser on Friday, August 13 at 7:00 p.m.** Questions will be from ALL FIVE films. As usual, 50% of the proceeds will go to a local charity (Renfrew County OSPCA) and 50% of the proceeds will go to the winning team. Team of up to six can participate for \$30. We also want to hear from you **whether you would like to see this trivia ran virtually or in-person** (tentatively in person at the Riverwalk Amphitheatre) **To register your team please call the Recreation Department at 613-735-6821 ext.1512 or email tfaris@pembroke.ca by 4:00 p.m.**

5. Be cool and have fun at Rotary Park

Come enjoy socially distanced crafts and games at the Rotary Park Splash & Play program seven days a week from 10:30 a.m. – 5:30 p.m. Unlike years past, registration is required to attend crafts and games at the Splash & Play. Those looking to participate must pre-register for a one-hour time slot. Appointments can be booked here [Eventbrite](#). No registration is required to use Playground equipment or the splash pad. **The Rotary Park Splash & Play program is for kids of all ages to do crafts, activities, interact with others and play games. There is no charge to attend!** While this not a drop-off day camp, staff offer lots to do and assistance while being supervised by an adult or a responsible sibling over 14 years of age. For further information, contact the Parks & Recreation Department at recreation@pembroke.ca or 613-735-6821 ext. 1501.

6. The Riverwalk Amphitheatre is your home for nightly entertainment.

All August enjoy music and movies at the Waterfront (weather permitting) **Waterfront Live! Starts at 7:00 p.m. & Movie Night in the Park starts at 9:00 p.m.** This week featured at the Riverwalk Amphitheatre:

Thursday, August 5: Pembroke PRIDE

Friday, August 6: Pawn Shop Majors

Saturday, August 7: Wesley United Church & Friends

Sunday, August 8: Sierra Levesque

Monday, August 9: Country Classics

Tuesday, August 10: Movie Night in the Park – Karate Kid (1984)

Wednesday, August 11: Ainsley Phillips/Black Eyed Sunset

Although free, tickets are required for Waterfront Live and Movie Nights and are available now through [Eventbrite](#).

7. In need of a mid-week break?

Yoga in the Park is back on Wednesdays at 6:00 p.m.! Yoga will take place in Centenary Park (Waterfront). White Pine Yoga will be running these Free classes all summer long. **Registration is required! Spaces can be booked here: [White Pine Yoga](#).** Those registered are asked to sign in at the tent facing the waterfront before they set their mats down. Lawn markers will be provided to ensure that everyone is three metres apart. Masks are encouraged to be worn for those attending the event but can be removed once they have placed their mat. For questions please call the Recreation Department at 613-735-6821 ext. 1501. , rearranged

8. Mix It Up and learn

On August 10 at 2:00 p.m. Science in Schools are bringing us a virtual workshop about how all things move! Discover the science behind a magic trick, defy gravity by creating a balancing bird, and engineer an elastic racer to chase down Newton's Laws. This virtual workshop is **suitable for children ages 4-12 and is free of charge.** Those registered will be able to pick up a bag of supplies before the workshop to follow along at home. **To register contact the Recreation Department at 613-735-6821 ext. 1501 or email recreation@pembroke.ca.** Spaces are limited so register today.

9. Need a getaway with your best furry friend?

Have you registered for our Doggy Paddle yet? The Town of Petawawa, City of Pembroke and the Township of Laurentian Valley are partnering together to bring this **brand-new event happening on Saturday, August 21 and is all in support of the Ontario SPCA Renfrew County Animal Centre.** Choose from a 5km or 10km guided paddle, enjoy a catered lunch, and hopefully in some awesome prizes in the raffle. **Bring along a furry four-legged friend and get on the water for a great cause! Registration is required, as spaces are limited. More info on the event and registration can be found on the [Pembroke website](#).**

10. Make a call and enjoy a variety of programming

The Seniors Centre Without Walls is hosting several programs geared toward those that are 50+. For more info call 613-735-1226, or to attend programming call 1-866-279-1594 then enter 179769 followed by the # key.

- Categories – August 5 at 1:00 p.m.
 - Test your knowledge with Trivia
- Mindful Meditation – August 10, 17, 24, 31.
- Join Paul Mayfield for a half-hour of meditation practice and enjoy the relaxation
- Would you Rather – August 11 at 10:30 a.m.
- Bingo – August 12 from 1:00 to 2:00 p.m.

- Champlain Trail Museum Tour – August 18 at 10:30 a.m.
- Share a story – August 19 at 1:00 p.m.
- Family Feud – August 26 at 1:00 p.m.

Have information you'd like to see shared in Pembi's Picks? Send it to us by emailing tourism@pembroke.ca.