

Earth Month

APRIL

CALENDAR



Presented by



How to use this calendar:

With your kids!

- Each day, do the activities with your kids. Once complete, cross off the day!
- Submit a photo of your activities and your finished calendar to recreation@pembroke.ca for your chance to win! Each activity completed counts as one entry.

On your own!

- Challenge yourself to 30 days of Earth conscious activities.
- Take photos of yourself/your friends participating in any of these activities for your chance to win! Each activity completed counts as one entry.
- All photos must be submitted in one email to recreation@pembroke.ca. Added points for creativity & excitement!

Submissions must be received by May 1, 2026 at 12:00 pm.

If you are participating in a Community Cleanup, you can pick up a garbage bag and gloves from the Parks & Recreation Department in the PMC (393 Pembroke Street West).
Limit of 1 bag and 1 set of gloves per person.

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2026 theme

CONSCIOUS CONSUMPTION



SUN	MON	TUE	WED	THU	FRI	SAT
<p>SATURDAY MARCH 28</p> <p>Participate in Earth Hour! earthhour.org</p>	<p>Don't forget to send photos and stories of your Earth Month Activities to recreation@pembroke.ca for your chance to win!</p>		<p>1</p> <p>Challenge a friend, neighbour, or family member to match your Earth Month activities!</p>	<p>2</p> <p>Pack a waste free lunch today.</p>	<p>3</p> <p>Learn more about an environmental organization by researching online!</p>	<p>4</p> <p>Before buying something this weekend, ask yourself: Do I really need this?</p>
<p>5</p> <p>Start planning your flower and vegetable garden for 2026!</p>	<p>6</p> <p>Try a new recipe! Cooking at home saves money and reduces packaging waste.</p>	<p>7</p> <p>Go Cloud Watching at your favourite Pembroke Park!</p>	<p>8</p> <p>Take a ride using Pembroke's public transit system. Pembroke.ca/Transit</p>	<p>9</p> <p>Pack a waste free lunch today.</p>	<p>10</p> <p>Plan your meals for next week to reduce food waste and take advantage of sales.</p>	<p>11</p> <p>Research and learn about endangered species in the Ottawa Valley.</p>
<p>12</p> <p>Start a kitchen compost! See if you can keep it up for a week!</p>	<p>13</p> <p>Go on a neighborhood litter clean-up. Pick up gloves and bags at the PMC!</p>	<p>14</p> <p>Look up local farmers markets and make plans to visit one when they open!</p>	<p>15</p> <p>Have a screen free night! Read a book, go for a walk, or play a board game!</p>	<p>16</p> <p>Pack a waste free lunch today.</p>	<p>17</p> <p>Eye spy birds! Pick a bird, go on a walk, and try to find it!</p>	<p>18</p> <p>Go on a nature themed photoshoot in your neighborhood!</p>
<p>19</p> <p>Take your bike to your favorite ice cream shop!</p>	<p>20</p> <p>Try for a "Meatless Mondays" today!</p>	<p>21</p> <p>Research online to see how people in other countries celebrate Earth Day!</p>	<p>Earth Day</p>  <p>22</p> <p>Community Cleanup!</p>	<p>23</p> <p>Pack a waste free lunch today.</p>	<p>24</p> <p>Check out Renfrew County food producers! TOTV.ca</p>	<p>25</p> <p>Try to make no waste today!</p>
<p>26</p> <p>Data Centres accounts for 1% of GHG emissions. Research on ways to reduce your digital footprint!</p>	<p>27</p> <p>Cycle or walk to work/school!</p>	<p>28</p> <p>Go for a waste-free picnic. Avoid single use plastics and takeout!</p>	<p>29</p> <p>Research "Circular Economy" and learn about how current consumer habits</p>	<p>30</p> <p>Pack a waste free lunch today.</p>	<p>Presented by</p> <p>Beautification & Climate Action Committee</p> 