



PEMBI'S PICKS

A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke – Nov. 7, 2018

1. City Hall Remembrance Day Display

This year marks 100 years since the end of the First World War. Stop by [City Hall](#) Monday-Friday from 8 a.m.-4 p.m. for the month of November to see our special display commemorating this anniversary. Be sure to check out the Pembroke newspaper pages from Nov. 14, 1918 announcing the end of the war!

2. Fitness Friday in Downtown Pembroke

[Downtown Pembroke](#) invites you to check out its new initiative: [Fitness Friday!](#)

Every second Friday, downtown businesses will showcase a different health or wellness service available.

The next business is [Pembroke Pole Fitness](#), which is running a special PoleFit class Friday, Nov. 9 at 5 p.m. Just \$15. Spots are limited so be sure to [pre-register](#).

3. PIGS at Festival Hall

Enjoy the sounds of Canada's Pink Floyd when PIGS comes to [Festival Hall](#) Friday, Nov. 9 at 7:30 p.m.

This show features a complete performance of *The Dark Side of the Moon*.

[Click here](#) for tickets!

4. Silver Stick Kicks Off

The [34th Annual Terry O'Neill Pembroke Regional Silver Stick Hockey Tournament](#) starts this weekend (Nov. 9-11) and runs for four weekends total.

Come out and cheer on players from near and far! Games run at both the [Pembroke Memorial Centre](#) and the [Pembroke and Area Community Centre](#).

[Click here](#) for the schedule.

5. Eagles Tribute Performing at Festival Hall

If you love The Eagles, you'll want tickets for [Hotel California](#) as they take the stage at [Festival Hall](#) Saturday, Nov. 10 at 7:30 p.m.

[Click here](#) for tickets.

6. Pembroke Remembrance Day Ceremony

Gather together at the [Pembroke Cenotaph](#) Sunday, Nov. 11 for this year's Remembrance Day Ceremony.

Watch the parade as it makes its way from the Armouries to the Cenotaph starting at 10:40 a.m. The ceremony will begin at 10:55 a.m.

Lest we forget.

7. Algonquin College Speakers Series

In this [awe-inspiring presentation](#), Roslyn Franken takes us back in time as she tells the unforgettable true story of her parents' amazing survival, love and triumph over tragedy as two World War II survivors held captive in opposite sides of the world who survive and find everlasting love, against all odds.

Join [Algonquin College](#) Tuesday, Nov. 13 at 7 p.m. Series are \$16 in advance or \$20 at the door.

[Click here](#) to purchase your tickets online.

8. #NetworkIN: Young Professionals Night

Say hello to our fall [#NetworkIN Young Professionals event](#) for mingling and learning about various local charities! We live in a community filled with amazing organizations providing support, programs, and services to numerous families in the Ottawa Valley. Join the City of Pembroke and Downtown Pembroke Wednesday, Nov. 14 at 5:30 p.m. in an evening learning about some of these organizations and meeting other young professionals!

Cost is just \$5 and includes snacks and beverages.

[Click here](#) to register.

9. Santa Claus Parade of Lights

[Pembroke's Annual Santa Claus Parade of Lights](#) is coming up Saturday, Nov. 24! See Downtown Pembroke filled with dazzling light and spectacular spirit as we kick off the Christmas season!

Want to be in the parade? [Click here](#) for the registration form!

10. Public Swims

Get your swim on at Pembroke's [Kinsmen Pool](#)! Swimming is a tremendous way to keep fit and have fun. Kinsmen Pool is a traditional 25 metre/six-lane pool, and offers a variety of year-round swimming programs including public swimming. Click [here](#) for the swim schedule and pool rates.

Have information you'd like to see shared in Pemi's Picks? Send it to us by emailing tourism@pembroke.ca.