



PEMBI'S PICKS

A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke – July 4, 2018

1. Grand Opening in Downtown Pembroke

Head to 24 Pembroke St. W. in Downtown Pembroke Thursday, July 5 from 2-6 p.m. for the [joint grand opening](#) of [Chamber of Secrets Escape Rooms](#), [AWE Yoga](#) and [Ottawa Valley Studios](#)!

This is a great opportunity to learn what these businesses have to offer and the meet the owners in person! It's also the launch of Chamber of Secrets' new outdoor escape adventure, [Feet to the Fire](#), so be sure to check that out as well!

2. Pembroke Legion Fun Golf Tournament

Join the [Pembroke Legion](#) Saturday, July 7 at the [Indian River Golf Course](#) for their fun golf tournament! Format: teams of four, and best ball. Cost is \$35/player. Prizes and buffet dinner! Registration and payment is done at [the branch](#) on Pembroke Street East.

3. The Ultimate Family Church Picnic

Come together at [Hugli's Blueberry Ranch](#) Sunday, July 8 from 12-4 p.m. for the [Ultimate Family Church Picnic](#)! Bring your own lunch or grab something at Hugli's, and then enjoy games, activities, face painting, a puppet show and more! [Gate47](#) will be performing. Cost is \$5/person or \$15/family of four. Funds will be directed to [First Step Options Pregnancy Support Centre](#).

4. Summer Art Camp

Young artists (ages 8-13) are invited to [summer art camp](#)! Led by a qualified and experienced art teacher, this camp consists of learning and practicing the elements and principles of design, working with various mediums, as well as outdoor play and exploration. And it wraps up with an art show! The first week kicks off July 9.

[Click here](#) to register, or [email here](#) for more information.

5. The Office Trivia Night

The City of Pembroke [Parks and Recreation Department](#) invites you to [Lasso Live](#) Monday, July 9 for the second installment of [The Office Trivia Night](#)! Admission is free with a food bank donation, all of which will go to [The Salvation Army Pembroke Community Church/Community and Family Services](#).

Enjoy the fun, laughter and prizes! [Contact the department](#) to reserve your team's spot (up to 6 on a team). The event kicks off at 7 p.m.

6. Annual Herb Walk

Explore the Pembroke Waterfront and learn about herbs growing right in our area Monday, July 9 during the annual [Herb Walk](#). Spend some time outside and learn more about local medicinal plants. Start at the Pointer Boat and wander along the Kiwanis Walkway.

Two times available: 9-10 a.m. (designed specifically for seniors, though all are welcome!) and 5-6 p.m. (for the general public). Suggested donation of \$10 to attend, with all proceeds going to the [Women's Sexual Assault Centre of Renfrew County](#).

7. PFLAG Peer Support Meeting

Are you a parent or caregiver with questions about your child's sexual orientation, gender identity or gender expression? Are you struggling to accept your LGBTQ child? PFLAG meetings are a safe, confidential space for you to meet parents of LGBTQ kids and get the information and support you need. LGBTQ youth and adults are also welcome to attend. The next meeting is July 10 at 6:30 p.m. at 464 Isabella St., Room 107. [Click here](#) for more information.

8. Movie Night in the Park

The City of Pembroke invites you to [Movie Night in the Park](#), every Tuesday at the [Riverwalk Amphitheatre](#) until Aug. 21. Free admission and the movie kicks off at 9 p.m. Presented by Bogie's Bar.

The film for July 10 is [Ferdinand](#).

9. Take in a Stone Fence Theatre Production this Summer

[Stone Fence Theatre](#)'s 2018 show - [I Come from the Valley](#) - is on at the [Rankin Culture and Recreation Centre](#) starting July 11 with a mix of supper-included and non-supper performances. The show is also traveling around the Valley for extra performances. [Click here](#) for tickets and dates. These locally-inspired shows are always a great time, filled with laughs, songs, and amazing local talent.

10. Multicultural Extravaganza

Put the world on your plate July 20 and join the [Pembroke Public Library](#) for their second annual [Multicultural Extravaganza](#)!

Run in partnership with the [City of Pembroke](#), [Downtown Pembroke](#) and the [Local Immigration Partnership](#), this community event is about experiencing other cultures through food, music and art. Tickets are \$5 and are available at City Hall, at the library and at the Downtown Pembroke office (inside The Phoenix Centre).

Guests are encouraged to bring their own ethnic dishes to share with the crowd.

So come out and celebrate the diversity that makes up our area!

Have information you'd like to see shared in Pemi's Picks? Send it to us by emailing tourism@pembroke.ca.