



# PEMBI'S PICKS

## A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke – July 25, 2018

### 1. Library Fun

Join the Pembroke Public Library for a variety of fun this week!

- [Teddy Bear Yoga](#) - Wednesdays
- [Symphony Story Time](#) - July 28
- [Lemonicious Lemonade Stand](#) - July 31

### 2. Full Moon Yoga

Join Maegan of [White Pine Yoga](#) the Pembroke [Waterfront Park](#) July 27 from 9-10 p.m. and harness the energy of the full moon to cultivate a positive flow moving forward.

### 3. Annual Blueberry Pancake Breakfast

Head to [Hugli's Blueberry Ranch](#) Saturday, July 28 for their annual [Blueberry Pancake Breakfast!](#) Runs from 8-11 a.m. with adult and child-size portions. A delicious meal not to be missed!

### 4. Rapids Skate Jam

Come out to the Rapids Skate Park Saturday, July 28 from 12-5 p.m. for the [Rapids Skate Jam](#), presented by [Top of the World Skateshop](#). Registration is free and is at 11 a.m. This is a competition for all ages and is a chance to showcase your skateboarding skills! There are a ton of giveaways and prizes for the top competitors!

Free food will be provided while it lasts to competitors and spectators.

### 5. Northern Credit Union Presents Digital Days with Team Jacobs

Calling all local curling enthusiasts! [Northern Credit Union](#) invites you to their Petawawa branch (3025 Petawawa Blvd.) July 31 for their open house event where you can not only learn about their digital tools, but also meet [Team Jacobs](#), the northern boys who brought home curling gold at the Sochi Olympics. There's a chance to win a curling lesson for you and up to three friends with Team Jacobs!

Branch Hours: 9:30 a.m.-4:30 p.m.

Team Jacobs: 3:30-4:30 p.m.

### 6. Summer Blues Guitar Class

[Explore the art of playing blues guitar](#) this summer at [Bob's Music Plus!](#) Blues specialist [Anthony Ridi](#) will lead the four-class session, which runs Monday evenings in August. Call Bob's at 613-732-3454 ext. 3 to register!

### 7. Movie Night in the Park

The City of Pembroke invites you to [Movie Night in the Park](#), every Tuesday at the [Riverwalk Amphitheatre](#) until Aug. 21. Free admission and the movie kicks off at 9 p.m. Presented by Bogie's Bar.

The film for July 31 is [Wonder Woman](#).

### 8. Open House and Meet & Greet

[Perri-Rae Boell and Associates Inc.](#) invite you to their 306 Pembroke St. E. location Aug. 1 for a [meet and greet](#) in support of The Robbie Dean Family Counselling Centre. Drop in and say hi to the staff. Join them for coffee in the morning, or the barbecue at noon!

### 9. Register for the Upper Ottawa River Race and Paddle Festival

Get out on the water and have fun on the Ottawa River by registering for the annual [Upper Ottawa River Race and Paddle Festival!](#) This event, co-hosted by Pembroke and Petawawa, includes races for all kinds of paddlers, as well as a kayak fishing derby, heritage paddle, live entertainment, local food and more! Join us Aug. 10-12 for all the fun!

### 10. #NetworkIN: Lawn Games and Mingling

The City of Pembroke and Downtown Pembroke invite any young professional to join us Aug. 16 for the next installment of [#NetworkIN!](#) Enjoy some lawn games, mingling and small snacking. This is a free, informal summer evening of games and exploring Pansy Patch Park!

Runs from 5:30-8 p.m.

Please [register](#) (even though it's free!) so we know to expect you!

*Have information you'd like to see shared in Pemi's Picks? Send it to us by emailing [tourism@pembroke.ca](mailto:tourism@pembroke.ca).*