



PEMBI'S PICKS

A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke – July 17, 2019

1. Champlain Trail Museum

While their Victorian Tea may be sold out, there are still lots of great reasons to visit the [Champlain Trail Museum and Pioneer Village](#). It is a gem of local history and heritage in the City. Explore its grounds and learn about this area's past. Open Monday-Saturday, 10 a.m.-4 p.m. in July and August.

2. Fitness Fun in Pembroke

Looking to get active this summer? Check out these great options in Pembroke

- [Yoga in the Park](#) | Wednesdays until the end of August | Free
- [TGIF Swim](#) | Fridays in July & August
- [Lending Hub](#) | Located at [Riverside Park](#)

3. Library Activities

Check out this week's fun at the Pembroke Public Library!

- [Reptile Rainforest Roadshow](#) | July 18
- [Family Story Time at Hugli's Blueberry Ranch](#) | July 20
- [Teen Fitness, Activities and Games](#) | July 22

4. The Office Trivia Night

This Friday, July 10, is THE night! It's the the third annual [The Office Trivia Fundraiser!](#) Bears, beets, Battlestar Gallactica. Put your knowledge of *The Office* to the test!

Location: [PMC/Bogie's Bar](#)

Cost: \$5 per player

Up to 6 players per team

All ages welcome

All kinds of prizing available from our sponsors!

[Click here](#) to sign up online. Email recreation@pembroke.ca or call 613-735-6821 ext. 1501 for more info.

5. Party in the Park

Our neighbours in [Laurentian Valley](#) are celebrating July 20 at [Stafford Park!](#)

Join them from 9 a.m.-5 p.m. for the annual [Party in the Park](#), including the grand opening of their new splash pad! Also enjoy a vendor show, Ry-J's Climbing Adventures Inc. bouncy castle, the judging of the 3rd annual Junior Gardeners Competition, a BBQ lunch, and euchre tournament.

6. Grey Gables Tea Draw

There is still time to be entered into the [Grey Gables](#) vacation draw.

Simply have tea in the [Victorian tea room](#) on a Saturday or Sunday this month and you could win a trip for two to Cuba.

Draw will take place Wednesday, July 31 at 12 p.m.

Reservations required.

7. Motor Toy Show & Shine

[Ottawa Valley Hot Rods and Classic Cars](#) invites you to their [Motor Toy Show & Shine](#) Sunday, July 21 at the [Rankin Culture and Recreation Centre](#).

FREE Admission; light breakfast; kids play area; BBQ lunch.

10 a.m.-3 p.m.

8. Pet First Aid Community Night

Celebrate AAHA-Accredited Hospital Day with [Pembroke Animal Hospital](#) and learn about first aid care for your dog or cat from our health care professionals!

Meet the Pembroke Animal Hospital team on July 22 at 6:30 p.m. in their Pet Learning Centre so they can teach you what you need to know about [pet first aid!](#) Admission is free but space is limited- so RSVP by email info@pemah.com by July 19!

9. Movie Night in the Park

Join us for this week's [Movie Night in the Park](#) event! Free admission. Starts at 9 p.m.. Presented by Bogie's Bar.

Our July 23 film is [Bumblebee](#).

10. Join us for the Upper Ottawa River Race and Paddle Festival

Get out on the water and have fun on the Ottawa River by registering for the fifth annual [Upper Ottawa River Race and Paddle Festival!](#) This event, co-hosted by Pembroke and Petawawa, includes races for all kinds of paddlers, as well as a kayak fishing derby, heritage paddle, fundraising paddle, live entertainment, local food and more! Join us Aug. 9-11 for all the fun!

Have information you'd like to see shared in Pemi's Picks? Send it to us by emailing tourism@pembroke.ca.