



PEMBI'S PICKS

A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke – Jan. 24, 2018

1. SnoSpree - Pembroke's Winter Carnival Jan. 31-Feb. 4

Only one more week! Pembroke's winter carnival, [SnoSpree](#) runs Wednesday, Jan. 31 until Sunday, Feb. 4! The [full schedule of events](#) is out, and it's jam packed with fun for people of all ages!

Some highlights include:

- [Soup Sensations](#) in support of First Step Options - Feb. 1
- Skating Party hosted by the Rotary Club of Pembroke at [Rotary Park](#) - Feb. 2
- [SnoSpree Family Movie Night](#) - Feb. 2
- Boys & Girls Club of Pembroke [SnoSpree Trivia Night](#) - Feb. 2
- [SnoSpree Central](#) - Free games and activities for kids - Feb. 3
- [Rockin' the Snowflake Dance](#) - Feb. 3
- [Polar Bear Dip](#) - Feb. 4
- [Kids Ice Fishing Derby](#) - Feb. 4

And SO MUCH MORE!

2. Downtown HockeySpree Street Hockey Tournament

Join Downtown Pembroke Saturday, Feb. 3 during [SnoSpree](#) for the third annual [Downtown HockeySpree](#) Street Hockey Tournament!

Teams in three divisions will play for the HockeySpree Cup while raising funds for [The Phoenix Centre for Children and Families](#).

Full details on team size, costs, divisions, equipment and more are on the Facebook [event page](#).

Click [here](#) for registration information. Registration deadline: Wednesday, Jan. 31, 2018

Don't play hockey? Join in the **free activities** and games at the Hockey Arcade!

3. Montreal Canadiens Alumni Tour Coming to Pembroke

The [Montreal Canadiens alumni game](#) is this week! Head to the [Pembroke Memorial Centre](#) Thursday, Jan. 25! Game time is 7 p.m. and tickets are available at the [Parks & Recreation Department](#) office at the PMC. Tickets are \$20 for adults, \$10 for seniors and students and free for children 5 and under.

This event is a fundraiser for [Ottawa Valley Thunder](#) Girls Hockey.

4. Seniors & Friends Dance

Join the [Pembroke Legion Branch 72](#) Friday, Jan. 26 from 7-11 p.m. for their Seniors & Friends Dance - for the young at heart! Music by Greenwood Country. Cost is \$5. Click [here](#) for other January activities at the Legion.

5. Family Trivia at the Library

Can you name five Disney princesses? What character likes "warm hugs" in the movie *Frozen*? Come test your knowledge of Disney with the [Pembroke Public Library's Family Trivia Event](#) Jan. 27 at 2 p.m. Registration is required.

6. The Hunting Film Tour

Head to [Festival Hall](#) Saturday, Jan. 27 at 7 p.m. for [The Hunting Film Tour](#), brought to you by [Go Hunt Birds](#).

Tickets are \$40 and available [here](#). Enjoy this experience that will include prize draws, laughs, stories and more! Partial proceeds from the event will go to five local hunting conservation groups.

7. Pop Pilates for Carefor

[Carefor](#) presents [Pop Pil-'80s](#) Sunday, Jan. 28 at 10:30 a.m. Join them at [Best Western](#) in Pembroke as instructor Kristie MacMullin leads you through an '80s-themed [Pop Pilates](#) workout! Dress in your best '80s attire and stick around for a free smoothie courtesy of Laurie Serran of Frank Carrol Financial.

Tickets are \$15 and can be purchased at 425 Cecelia St./700 Mackay St. in Pembroke, or [online](#).

8. Concert and Organ Rededication

Join [Zion Lutheran Church](#) for a concert and rededication of its organ Sunday, Jan. 28! The concert begins at 3 p.m. and will feature organists Blaine Sack, Pastor Fred Haak and Kevin Nieman as well as Zion Lutheran's choirs. Then join the congregation for dinner, catered by [Ullrich's](#). Dinner tickets are \$25. Contact the church office at 613-732-8792 for more information and to purchase dinner tickets.

9. Q: are you a girl or a boy? A: no thanks :) For Parents & Caregivers

[Cara Tierney & Behc Jax-Lynx](#), a dynamic duo dedicated to the de-stigmatization of transgender individuals, best practices, gender affirmation, human rights policy (C-16) and equity for universal gender diversity, are coming to Pembroke to host a workshop for parents, caregivers, young adults and youth.

Tuesday, Jan. 30 from 6- 8 p.m. at the [Pembroke Public Library](#). Tickets and more information are available [online](#).

10. Enjoy Outdoor Rinks this Winter

If you love skating and the outdoors, be sure to check out the [City of Pembroke's](#) two outdoor skating rinks this winter. Find one next to [Kinsmen Pool](#) and one at [Rotary Park](#). If you have questions about ice conditions, contact the [Parks & Recreation Department](#) at 613-735-6821 ext. 1501.

Have information you'd like to see shared in Pembi's Picks? Send it to us by emailing tourism@pembroke.ca.