



PEMBI'S PICKS

A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke – Dec. 20, 2017

1. Public Skating and Free Holiday Skates

Enjoy time on the ice with your family and friends at the [Pembroke Memorial Centre](#) during public skating hours this month. Public skating runs Mondays, Wednesdays and Fridays. Click [here](#) for the full December schedule, including several free skates during the holiday season (Dec. 22, 27, 28, 29, 30, Jan. 2, 3).

2. Christmas Trivia at The Nook

Gather your closest trivia buffs and head to [The Nook Creperie](#) in Downtown Pembroke Saturday, Dec. 23 for [Christmas Trivia](#)! Call 613-735-4800 to register your team of six or fewer people.

3. Community Christmas Dinner

This Christmas Day, enjoy a free meal at the [10th Annual Community Christmas Dinner](#). Join together from 12-3 p.m. at [Zion Evangelical Lutheran Church](#) (454 Miller St.) and celebrate the season with a full turkey dinner with all the fixings! Everyone welcome! Pembroke pickup and delivery is available. Call 613-629-5555 for more information.

4. New Year's Eve Party

Ring in the New Year at the [Pembroke Legion Branch 72 New Year's Eve Party](#)! Festivities run from 9 p.m.-1 a.m. with headliner The John Priebe Band. Tickets are \$25.

5. Healthy Living in the City of Pembroke

Looking to try a new sport or activity? Did you know there are many different fitness facilities around the City offering everything from yoga to boxing to spinning to Thai Chi? Check out these businesses and their classes!

- [Phaze 1 Fitness & Tanning](#)
- [Pembroke Boxing Club](#)
- [Pembroke Martial Arts](#)
- [Pembroke Athletics & Conditioning](#)
- [CrossFit Poise](#)
- [LEAP Health Hub](#)
- [Integrated Health Centre](#)
- [Pembroke Pole Fitness](#)
- [Best Western Fitness Centre](#)
- [AWE Yoga](#)
- [White Pine Yoga](#)

6. Live Music in the City

Looking to enjoy some live music in Pembroke? There are lots of options at local restaurants, whether you're into the blues, country, rock or are looking to dance the night away. Many places hold regular music nights throughout the week - and there is a ton coming up between Christmas and New Year's. Check out these places for their selection:

- [Lasso Live](#)
- [Kerry's Place](#)
- [Nelson Street Pub](#)
- [Pig & Pint Public House](#)

7. Free Snowshoe Rentals at the City of Pembroke

Explore [City parks](#) this winter via snowshoe! The City of Pembroke [Parks & Recreation Department](#) offers free snowshoe and Nordic walking pole rentals. Pick-up is available at the [Pembroke Memorial Centre](#). Contact the department at 613-735-6821 ext. 1501 for more information.

Have information you'd like to see shared in Pembri's Picks? Send it to us by emailing tourism@pembroke.ca.