



PEMBI'S PICKS

A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke – Aug. 7, 2019

1. Waterfront Live!

If you like live entertainment, then you'll love Waterfront Live! Every night at the [Riverwalk Amphitheatre](#) in [Waterfront Park](#), local musicians take the stage from 7-9 p.m. Check out the [August schedule](#) for this month's lineup!

2. Miracle Treat Day

DQ Pembroke is celebrating Miracle Treat day on Thursday, August 8 all day!

On Miracle Treat Day, net proceeds from every Blizzard Treat sold will be donated to CHEO! Children's Miracle Network provides care to over 10 million children each year. Regardless of why the kids are there, the Children's Miracle Network always has their doors open, and DQ franchisees are helping them stay that way.

3. Fun After Five

Did you know there are more than 60 businesses in [Downtown Pembroke](#) that are open late on Thursdays?

On Thursday evenings this August and September, come downtown for all your shopping, dining, and service needs. Downtown Pembroke knows how to have [Fun After Five!](#)

4. Library Activities

Check out this week's fun from the Pembroke Public Library!

- [Story Time at The Giggling Goats](#) | Aug. 8

- [STEM Workshop](#) | Aug. 10

- [Teen Fitness, Activities and Games](#) | Aug. 12

5. Upper Ottawa River Race and Paddle Festival

It's not too late to register for the fifth annual [Upper Ottawa River Race and Paddle Festival!](#) This event, co-hosted by Pembroke and Petawawa, includes races for all kinds of paddlers, as well as a kayak fishing derby, heritage paddle, fundraising paddle, live entertainment, local food and more! Join us Aug. 9-11 for all the fun!

6. Sierra Levesque

Fourteen-year-old Pembroke singer/songwriter Sierra Levesque is playing at Lasso Live Friday night starting at 10:30 p.m.! Come out to see this awesome local talent!

7. Kids, Cops and Canadian Tire Fishing Derby

Children 12 and younger are invited to the annual [Kids, Cops and Canadian Tire Fishing Derby](#) on Saturday, Aug. 10 at the [Pembroke Marina!](#)

Join local OPP officers to go fishing for free from 9 a.m. until noon. The catch and release derby will feature giveaways and prizes for the largest fish caught in various age categories. Young anglers are asked to bring their own rods, reels and bait as well as an adult buddy.

8. Airport Breakfast

Join the [Pembroke & Area Airport](#) Sunday, Aug. 11 for its [monthly breakfast!](#)

Dine on some delicious breakfast in this fun setting for just \$15. Breakfast runs from 8:30-11:30 a.m.

9. Community Paddle Day

Join the [City of Pembroke](#) and [AWE Yoga](#) on August 13 for [three FREE Stand Up Paddle Board Yoga sessions](#) at Riverside Park Beach!

Schedule of events:

10-11 a.m.: Senior's Stand Up Paddle

11:30 a.m.-12:30 p.m.: Parent and Child SUP Skills & Yoga

2-3:45 p.m.: Teen Power Hour SUP Skills & Yoga

To register or for more info please email [Levi Post](#), call 613-735-6821 ext.1501 or message The City of Pembroke on [Facebook](#).

10. Movie Night in the Park

Join us for this week's [Movie Night in the Park](#) event! Free admission. Starts at 9 p.m.. Presented by Bogie's Bar.

Our Aug. 13 film is [Mission: Impossible - Fallout](#).

Have information you'd like to see shared in Pembi's Picks? Send it to us by emailing tourism@pembroke.ca.