



# PEMBI'S PICKS

## A weekly e-newsletter of things to check out, experience, see or do in the City of Pembroke – April 24, 2019

### 1. #NetworkIN - Apps + Chats

The [City of Pembroke](#), [Downtown Pembroke](#) and [Paperback Events](#) are calling all young professionals to our next #NetworkIN Young Professionals night: [Apps + Chats!](#)

This series provides a casual platform for young professionals to mingle, network, and ultimately meet others within our community.

THE DEETS:

- Thursday, April 25th
- [Janna & Kerry's Over Easy Bar & Grill](#)
- 5:30 - 8 p.m.
- \$10

Please [register in advance](#) so we know you're coming.

### 2. Spring Open House

Calling all gardeners! Ever wonder what beauty lies behind the glass in a greenhouse? Come out to [Sunset Nursery](#) for their [Spring Open House](#) April 26-28 and view the new varieties and colour schemes for 2019.

### 3. Showcase in Petawawa

Head to the [Petawawa Civic Centre](#) April 26-28 for [Showcase in Petawawa](#).

Come visit the City of Pembroke and Downtown Pembroke booth to get all your Pembroke info (and even some swag!).

### 4. Fitness Friday in Downtown Pembroke

[Downtown Pembroke](#) invites you to check out its health and wellness initiative: [Fitness Friday!](#)

Every second Friday, downtown businesses will showcase a different health or wellness service available.

The next business is [Pembroke Boxing Club](#). Come out this Friday, April 26 for a FREE boxing class at 7 p.m.! Space is limited, so be sure to register in advance by contacting the Club via [Facebook](#).

### 5. Lip Sync & Talent Show

Come out to [Blendz Smoothie Shop](#) April 26 at 6 p.m. for an [amazing evening of lip-syncing and talent performances!](#)

Looking to perform yourself? [Register here](#) with [Pembroke Pride!](#)

### 6. Rummage Sale

[Holy Trinity Anglican Church](#) invites you to their [Spring Rummage Sale](#) Saturday, April 27.

Running from 8:30-11 a.m. come find something great for you and your home!

### 7. World Tai Chi Day

The last Saturday of April marks [World Tai Chi Day!](#)

In Pembroke, join [Upper Ottawa Valley Tai Chi Club](#) April 27 from 1-4 p.m. for [celebrations](#).

Held at [Zion Evangelical Lutheran Church](#).

### 8. The French Connection

[Pembroke Symphony Orchestra](#) and Music Director/Conductor Mehdi Javanfar present *The French Connection*, Saturday, April 27 at 7:30 p.m. at [Festival Hall](#).

Works will include *Orpheus in the Underworld*, *The Carnival of the Animals* narrated by Doug Hempstead (CBC Ottawa Radio personality) and Franck *Symphony in D minor*. Children 12 and under FREE.

[Click here](#) to buy your tickets online.

### 9. Tinder Tales at The Nelson Street Pub

[Tinder Tales](#) is the show where comedians and storytellers share their real and ridiculous dating experiences live on stage. As seen at Just for Laughs, Tinder Tales has been selling across Canada and is [making its way to Pembroke](#) Saturday, April 27!

Details:

Location: [The Nelson Street Pub](#)

Doors at 7 p.m.

Show at 8 p.m.

Tickets: \$15 in advance and \$20 at the door

### 10. Adopathon!

Join [Pet Valu](#) (in the [Pembroke Mall](#)) Sunday, April 28 from 12-4 p.m. for adoptions with their friends from the [Ontario SPCA Renfrew County Animal Centre](#). There will be face painting for their two-legged friends, and treat bags for their four legged friends!

Have information you'd like to see shared in Pembi's Picks? Send it to us by emailing [tourism@pembroke.ca](mailto:tourism@pembroke.ca).